

Transforming lives today



*Creating a better tomorrow for youth, adults,
families and our community*



Northeast Youth
& Family Services
Transforming Lives



A lifeline to nearly
4,000
youth & families
every year

A message from the President & CEO

Jerry Hromatka

Change is inevitable – sometimes we choose it and other times it's unavoidable. But the power lies in how we manage it.

For instance, in response to changing conditions in the field of mental health, NYFS has been focused on becoming a trauma-informed care organization. This has included enhanced staff training, streamlined intake processes, creation of an art therapy room and upgrades to our reception area and staff lounge. All of this is intended to be mindful of clients' and staff needs.

When we were confronted with staffing changes, we took the opportunity to reorganize our mental health services into one department with three divisions: clinical,

school-based and day treatment services. This helps us cross pollinate ideas and create a staffing structure that supports succession planning.

Speaking of succession planning, I have announced my intent to retire in June of 2020. I feel comfortable with my decision knowing the agency is in good hands.

We are just one part of a community-wide network of partners dedicated to helping our community thrive. Thank you for collaborating with us. Together we are doing so much more than we could ever do alone.



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MUNICIPAL PARTNERS FISCAL YEAR 2018-19

Arden Hills, Birchwood Village, Falcon Heights, Hugo, Little Canada, Mahtomedi, Mounds View, New Brighton, North Oaks, Roseville, Shoreview, St. Anthony, Vadnais Heights, White Bear Lake, White Bear Township

Transforming lives today, creating a **better tomorrow** for youth, adults, families and our community

Our Community Impact

Mental health support for all ages and income levels · Greater independence for seniors · Jobs for youth
Increased school attendance · Healthier, stronger families · Lower youth crime rates



Mental Health Counseling

NYFS offers effective, culturally-sensitive individual and family counseling to people at all ages and stages of life. Low-income clients are eligible to receive services on a sliding-fee scale to ensure that everyone who needs our help can receive it. Our licensed therapists also work with local school districts and staff to support youth in both their school and home environments.

54% of clients reported progress meeting over 50% of their treatment goals



Day Treatment Services

Our day treatment programs serve youth in grades 5-12 struggling with mental health issues. They receive mental health support and counseling in connection with academic instruction during the school day. Our immediate goal is to support behaviors that minimize mental health symptoms. Our long-term objective is to increase academic success and promote lasting changes that are good for the child, school and community.

74 % of youth returned to a less restrictive school setting within 15 months



Community Service Programs

NYFS community service programs focus on three core areas that are critical to long-term success: academic achievement, employability and citizenship/life skills. Through the Diversion Program and Senior Chore Program, we help youth set and achieve goals that lead to a better, more successful future than they had previously imagined..

92% of reporting seniors said the Senior Chore Program helped them live independently

SHOREVIEW HEADQUARTERS

3490 Lexington Ave. N., Suite 205
Shoreview, MN 55126
651-486-3808



www.nyfs.org  Follow us @NYFSorg

WHITE BEAR AREA OFFICE

1280 North Birch Lake Boulevard
White Bear Lake, MN 55110
651-429-8544



Financial Report

FISCAL YEAR 2018-19

Thank you to our Donors & Sponsors

Since our start in 1976, NYFS has relied on the support of the community to help us live our mission of transforming lives.

We would like to extend a special thank you to the businesses, individuals, corporations, foundations and civic organizations that have generously contributed to our programs and events in the past fiscal year.

2018 Taste of Northeast Sponsors

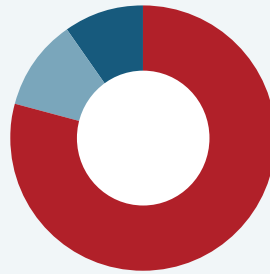
Allegra Print & Imaging, Amino Acids, Inc., Comcast, Creative Catering, Exxon Shoreview, Peoples Bank Midwest, Pioneer Press, Western Bank, Vadnais Heights Lions

2019 Leadership Luncheon Sponsors

Bahr Memorial Fund, CBRE, Comcast, Paul & Kathy Ciernia, First Resource Group, Jerry Hromatka and Cathy Schoener, Inspire Medical Systems, Mandy Little, Maguire Agency, Sandy Martin, Ohio National Financial Services, McGough, Northeast Bank, North Suburban Golden K Kiwanis, Peoples Bank Midwest, Pioneer Press, St. Anthony Park Dental Care, Zamansky Professional Association

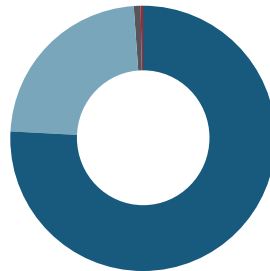
A complete listing of all donors can be found on our website at www.nyfs.org

Support



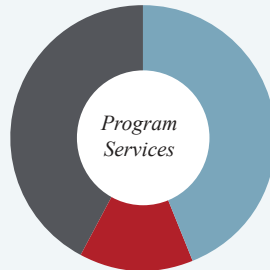
Grants.....	\$591,585
Contributions	\$81,480
Special Events & In-Kind Cont.....	\$71,934
Total Fundraising.....	\$744,999

Revenue



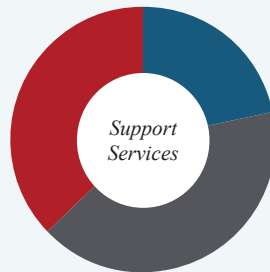
Program Service Fees.....	\$1,668,493
Rent.....	\$506,069
Investment Income.....	\$19,247
Miscellaneous.....	\$550
Total Support & Revenue...	\$2,939,358

Expenses



PROGRAM SERVICES

Mental Health.....	\$1,203,764
Community Services.....	\$385,269
Day Treatment Services	\$1,150,087
Total Program Services...	\$2,739,120



SUPPORT SERVICES

Management & General Expenses.....	\$109,668
Fundraising.....	\$207,008
Building Operating Expense...\$	\$186,875
Total Support Services.....	\$503,551

***Total Expenses.....\$3,242,671**

Total Assets.....	\$4,581,014
Total Current Liabilities.....	\$462,923
Total Liabilities & Net Assets.....	\$4,581,014
End of Year Assets.....	\$1,514,433

**Includes a non-cash depreciation expense of \$152,040*

Audited financial reports and 990 forms can be downloaded from our website at www.nyfs.org

