



Northeast Youth
& Family Services
Transforming Lives



2019/20 & 2020/21

ANNUAL REPORT

LETTER FROM THE PRESIDENT & CEO

WELCOME!

Northeast Youth & Family Services celebrated its 45th year of service in 2021 in the middle of a global pandemic, mental health crisis, community trauma and social unrest. This annual report covering fiscal years 2019/2020 and 2020/2021 reflects our efforts and accomplishments in the midst of these challenges. We also want to use this opportunity to express our immense gratitude to clients, staff, partners, funders, and community for continuing the essential, healing work in pursuit of the NYFS mission: Transforming lives today – creating a better tomorrow for youth, adults, and families in our community.



Together, we were able to provide essential mental health and human services by:

- Adopting client and staff COVID safety protocols

- Offering telehealth, hybrid and in-person services throughout our mental health programs – outpatient clinics, school-based and NETS intensive day-treatment for youth

- Adding telephone assurance call service to reduce isolation and increasing access to resources for area older adults

- Reinforcing our role in the co-creation of public safety with local and county law enforcement through the Youth Diversion and Community Advocate programs

- Supporting educators, parents, health workers and business community members via individual consultations and webinars

- Updating core services including finance, development, human resources and technology

- Centering diversity, equity and inclusion as foundational to the work at NYFS

- Rebounding financially by increasing net operating revenues and securing additional COVID-related funds

None of this would have been possible without the support of our collaborative partners and financial contributors. We are so grateful for your support during this critical time. Because of your help, I am proud to say that NYFS has emerged from these past two years stronger than ever and ready for the challenges and changes the next 45 years will bring.

Tara Jebens-Singh
NYFS President & CEO

OUR PARTNERS

MUNICIPAL PARTNERS

- Birchwood Village
- Falcon Heights
- Hugo
- Little Canada
- Falcon Heights
- Lauderdale
- Mahtomedi
- Mounds View
- New Brighton
- North Oaks
- Roseville
- Shoreview
- St. Anthony
- Vadnais Heights
- White Bear Lake
- White Bear Township

SCHOOL DISTRICTS

- Roseville Area Schools
- Mounds View Public Schools
- White Bear Lake Area Schools

PUBLIC SAFETY

- City of Mounds View
- City of New Brighton
- City of Roseville
- City of St. Anthony
- City of White Bear Lake

PARTNERS

- Ramsey County Children's Mental Health Collaborative
- Suburban Ramsey Emergency Coalition
- Suburban Ramsey Family Services Collaborative

ADDITIONAL PARTNERSHIP VIA CARES ACT FUNDING

- City of Hugo
- City of Mounds View
- City of New Brighton
- City of Roseville
- City of Shoreview
- City of White Bear Lake
- Village of St. Anthony

- Greater White Bear Lake Community Foundation
- Trellis
- MN Department of Human Services
- Ramsey County Children's Mental Health Collaborative
- Shoreview Community Foundation
- Suburban Ramsey Emergency Coalition

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Rep: City of Little Canada
- JOHN SKILLINGS**
Rep: Community



MENTAL HEALTH - COUNSELING SERVICES

NYFS offers effective, culturally-sensitive individual and family counseling to people at all ages and stages of life. In-person, telehealth and school-based options are available to ensure that therapists can meet with clients conveniently and safely. An income-based, sliding-fee scale is available ensure that everyone who needs our help can receive it.

70% of clinic-based clients reported progress meeting their therapeutic goals



MENTAL HEALTH - NETS DAY TREATMENT SERVICES

NYFS offers on-site therapeutic support to middle and high school youth who are struggling with mental health symptoms that negatively affect their daily functioning. Educational services are also available. Group settings are small to maintain safe social distancing protocols.

30% of youth returned to a less restrictive school setting within 15 months



COMMUNITY SERVICE PROGRAMS - DIVERSION PROGRAM AND COMMUNITY ADVOCATE

The Diversion program is an alternative to the traditional juvenile justice system and helps youth charged with misdemeanor and status offenses rebuild their lives and get back on track. Youth attend educational seminars with their parents, perform community service and pay restitution. The Community Advocate serves individuals and families who have been involved with local law enforcement but have needs that cannot be sufficiently addressed by law enforcement alone. Addressing these issues reduces the need for law enforcement intervention in the future.

99% of reporting families indicate youth did not reoffend within six months of program completion



COMMUNITY SERVICES - SENIOR SERVICES

Our senior services programming helps residents live independently and by providing COVID-safe outdoor chore services as well as telephone reassurance calls to reduce feelings of isolation and connect seniors to local resources. We will be expanding these services to include a wider range of support services in the future.

45 Seniors received COVID-safe outdoor chore support during the pandemic and four free yard cleanup events for seniors were conducted

FINANCIALS

2019/2020

2020-2021

SUPPORT

Grants	\$73,110
Contributions	\$109,250
Special Events	\$53,290

Total Support **\$236,280**

REVENUE

Program Service Fees	\$2,100,327
Rent	\$448,031
Investment Income	(\$1,608)
Miscellaneous	\$6,075
Total Revenue	\$2,552,825

Total Support and Revenue **\$2,789,105**

EXPENSES - PROGRAM SERVICES

Mental Health	\$2,468,138
Community Services	\$388,275

Total Program Services **\$2,856,413**

EXPENSES - SUPPORT SERVICES

Management and Gen. Expenses	\$209,745
Fundraising	\$170,014
Building Rental Expenses	\$145,164
Total Support Services	\$524,923

TOTAL EXPENSES **\$3,381,336**

Net Assets, End of Year	\$922,202
Total Current Liabilities	\$572,478
Total liabilities and net assets	\$4,514,676

SUPPORT

Grants	\$717,408
Contributions	\$104,474
Special Events	\$16,380

Total Support **\$838,262**

REVENUE

Program Service Fees	\$1,726,942
Rent	\$454,529
Investment Income	\$57,597
Miscellaneous	\$3,066
Total Revenue	\$2,242,134

Total Support and Revenue **\$3,080,396**

EXPENSES - PROGRAM SERVICES

Mental Health	\$1,808,070
Community Services	\$192,396

Total Program Services **\$2,000,466**

EXPENSES - SUPPORT SERVICES

Management and Gen. Expenses	\$509,142
Fundraising	\$102,866
Building Rental Expenses	\$310,047
Total Support Services	\$922,055

TOTAL EXPENSES **\$2,922,521**

Net Assets, End of Year	\$1,080,077
Total Current Liabilities	\$604,137
Total liabilities and net assets	\$4,705,926



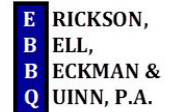
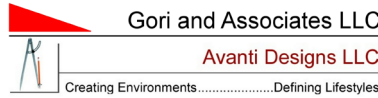
Audited financial reports and 990 forms can be downloaded from our website: www.nyfs.org

THANK YOU SPONSORS AND SUPPORTERS

MAJOR GRANTORS

Anderson Corporate Foundation, Dellwood Foundation, Manitou Fund, Otto Bremer Foundation, Phillips Family Fund, St. Paul and Minnesota Foundation, Schulze Family Foundation, Shoreview Community Foundation, Trellis, Greater White Bear Lake Community Foundation

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ST. ANTHONY PARK
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SHOREVIEW HEADQUARTERS

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WHITE BEAR AREA OFFICE

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