

Domestic Violence & Sexual Assault Therapist

NYFS is excited to be launching the Domestic Violence and Sexual Assault Advocacy and Therapy programs that will bring needed resources to survivors and provide support for other agencies in the community.

NYFS is actively recruiting two positions that are focused on supporting survivors through individual and group therapy services. To apply, please email your resume and cover letter to HumanResources@nyfs.org

Responsibilities:

- Complete Diagnostic Assessments using trauma-responsive, culturally responsive, and age-appropriate assessment tools, resulting in clinical diagnosis.
- Develop individualized treatment plans which define plan of services and intervention; update treatment plans according to regulatory requirements; and provide optimum client care.
- Serve a client base of primarily youth witnesses or survivors of DV or Sexual Violence; 80% of NYFS clients are between 4 and 26 years of age.
- Facilitate psychotherapy/psychoeducation groups for youth and adolescents who have witnessed or experienced violence.
- Participate in ongoing program development meetings within DV/SA program
- Participate in multidisciplinary team meetings.
- Involve client caregivers in assessment and treatment planning process, and in care when indicated.
- Independently provide individual therapy as needed to address client treatment needs and provide crisis intervention services as appropriate.
- Complete documentation and billing in a timely manner in accordance with NYFS guidelines and all relevant HIPAA and DHS guidelines.
- Provide culturally responsive, trauma-responsive, community-based, and developmentally appropriate care.
- Actively contribute to weekly case consultation, staff meetings, and agency and community events as assigned.
- Abide by all professional ethical standards.

Required Qualifications:

- Master's or PhD in Social Work, Psychology, Professional Counseling, or Marriage and Family Therapy.

- Is on track towards independent clinical licensure, meeting professional eligibility requirements (for example, social workers need to have LGSW).

Preferred Qualifications:

- LICSW, LMFT, LP or LPCC
- Demonstrated experience in several of the following areas preferred:
 - Knowledge of child sexual abuse, domestic violence, family dynamics, child development.
 - Experience working with survivors of abuse and or clients in crisis
 - Experience working with child protection, law enforcement, court systems, and related community services.
 - Experience facilitating psychotherapy groups
- Prefer an experienced clinician able to work with children ages 4 and older, adolescents, adults, couples and families.
- Training and experience in treatment of individuals who have experienced trauma.
- Art therapy, Play Therapy, Couple/Family Therapy, or Group Therapy training or interest.
- Speaks Spanish, Hmong, Karen, or Somali fluently
- Clinical Supervision experience or interest; enthusiasm about training interns.
- Knowledge of health conditions and common comorbidities
- Credentialed with major insurances
- Experience with Procentive a plus

Strong candidates will have a solid understanding of their own culture and practice sensitivity and respect to the cultural backgrounds of their clients as well as other staff, actively integrating responsiveness to client's individual, family, and community needs into their care. NYFS welcomes clients as well as staff with diverse cultural/ethnic identities, sexual orientations, gender identities, disabilities, and socioeconomic backgrounds.

Salary Range: \$53,000 to \$65,000 per year based on education, licensure, experience, and specialized training and skills (trauma modalities, languages spoken, clinical supervisor, etc.).

NYFS Benefits:

- Competitive benefits include medical, dental, vision, life insurance, and short- and long-term disability. Options to contribute to health savings account (HSA), flexible spending account (FSA), and 401k account.
- Generous Paid Time Off and Holiday policy.
- \$500 stipend to seek out training with 5 CEU days and licensure fee reimbursement.
- Flexible schedule collaboratively determined with your supervisor with options for remote work. Staff work from home on Fridays.

- The final week of the year NYFS closes services to ensure all staff have a paid collective week off to support work sustainability.
- Weekly supervision is provided for all staff working toward licensure. Biweekly supervision offered for all staff regardless of licensure to support staff wellness and quality client care.
- Many training opportunities including specific trauma modalities (TF-CBT, NET, CCPT) and cultural responsiveness trainings quarterly.
- Therapists participate in weekly reflective clinical consultation as part of a multi-disciplinary team.

Agency Overview:

Northeast Youth & Family Services (NYFS) is a mental health and social services agency serving people of all ages, abilities and backgrounds in the Twin Cities Northeast Suburbs. Our mission is transforming lives by ensuring access to care that nurtures healing, cultivates community, and inspires hope. We are grounded in our core values: Equity, Inclusion, and Belonging; Authenticity, Community-Driven, Integrity, Transformative Relationships, Innovations, and Wellbeing. NYFS offers competitive pay, generous benefits, a supportive work environment, and opportunities for growth.

Who We Are:

NYFS lives its deep values around providing integrative care for the whole family with a focus on youth and their caregivers. Staff are dedicated, innovative, and mission-driven, offering authentic, relational, client-centered care. The team is playful, creative, growth-oriented, down-to-earth, and hardworking – and we laugh a lot! We are committed to genuine integration of trauma and culturally responsive care across the agency. Clinicians at all stages of their clinical development will find support for their professional goals – clinicians can provide (or learn to provide) group, couples/family, nondirective play, art, and trauma therapy, among others. As a trauma-responsive organization, NYFS is actively invested in organizational supports for staff wellness and work sustainability, recognizing the impact of secondary trauma, vicarious trauma, and burnout on providers. We believe in a family-first work environment, rather than seeking work/life balance.

We are looking for therapists that are invested in nonprofit mental health and our mission of ensuring access to care for everyone, especially to those with financial barriers. Our community's youth are experiencing epidemic-level mental health challenges – and NYFS is here to relieve suffering and help our community heal wherever it can. Come join our community of skilled providers!

Locations:

- White Bear Lake Clinic, 1280 Birch Lake Blvd, White Bear Lake, Minnesota
- Shoreview Clinic, 3490 North Lexington Ave, Shoreview, Minnesota

Individuals with diverse cultural backgrounds strongly encouraged to apply.

We are committed to a policy of equal employment opportunity in recruitment, hiring, training, and promotion of persons based on merit, qualifications, and competence. We do not discriminate based on race, color, religion, creed, national origin, sex, age, disability, marital status, sexual orientation, place of residence, political affiliation, veterans' status, or status with regard to public assistance, or any other class protected by local, state, or federal law. NYFS provides reasonable accommodations to qualified individuals with disabilities upon request.