



Children's Trauma Recovery Group

A therapy group for children aged 5-12 who have witnessed or experienced domestic abuse or sexual violence. The group will provide psychoeducation and interactive activities to help children heal and develop a sense of emotional/physical safety.

A concurrent caregiver group will provide education about the impacts of trauma on children and how caregivers can support their child's healing journey.

Zero Cost to Participate

Meeting at Shoreview clinic
Wednesdays 5:00-6:30pm
12 weeks | Beginning February 26th
Dinners and childcare will be provided.

For more information, or to schedule an intake session to join group, contact NYFS at (651) 486-3808.

