



Women's Therapy Support Group

A healing space for adult women who have experienced sexual violence in adulthood.

Beginning May 27th

Zero Cost to Participate

This group will include:

Meeting in Shoreview

Mindfulness Exercises

Tuesdays 4:30-6:00pm

Education

12 weeks

Sharing of Experiences

Peer Support

For more information or to schedule your intake,
contact NYFS at (651) 486-3808.